



University Track and Field report and stats – Ashleigh Gross-Mitchell -- Aspire Academy

PLACEMENT – 2022 Fall

Discipline: 100M

Coaches report and analysis:

Official times and events:

Time	Event and Venue	Date
13:56	KZN NIGHT MEET KINGS PARK DBN SA	2021/02/26
13:29	KZNA FULL DAY LEAGUE KINGS PARK DBN SA	2021/02/20
13:08	KZNA FULL DAY LEAGUE KINGS PARK DURBAN SA	2021/03/06

Discipline: 200M

Coach Report and analysis:

Official Times and events:

Time	Event and Venue	Date
26:74	KZNA FULL DAY LEAGUE KINGS PARK DBN SA	2021/02/20
26:64	KZNA FULL DAY LEAGUE KINGS PARK DURBAN SA	2021/03/06
26:45	SA TRACK AND FIELD AGE GROUP CHAMPIONSHIPS	2021/04/10

Discipline: High Jump

Coach Report and analysis:

Official Times and events:

Time	Event and Venue	Date
1.55 METERS	KZNA AGE GROUP TRACL AND FIELD CHAMPIONSHIPS	2021/03/26



Discipline: LONG JUMP

Coach Report and analysis:

Official Times and events: Time	Event and Venue	Date
5.13 METERS	KZNA AGE GROUP & SENIOR CHAMIONSHIPS	2021/03/25
5.16 METERS	SA TRACK AND FIELD AGE GROUP CHAMPIONSHIP	2021/04/08