



University Track and Field report and stats – Sinead Meyer – Germiston Callies Academy

PLACEMENT – 2022 Fall

Discipline: Long Jump

Coaches report and analysis:

Official distances and events:

Distance	Event and Venue	Date
5.08	CGA Open Meeting, Boksburg	2020/01/11
5.20	Puma School of Speed, Ruimsig	2020/01/25
5.35	CGA Open Meeting, UJ Campus Soweto	2020/02/01
5.42	CGA Championships, UJ Campus JHB	2020/03/14
5.03	CGA Open Meeting, Boksburg	2021/02/20
4.99	CGA Open Meeting, Boksburg	2021/02/27
5.05	CGA Open Meeting, Boksburg	2021/03/13
5.00	CGA Championships, Boksburg	2021/03/27

Discipline: 100m

Coach Report and analysis:

Official Times and events:

Time	Event and Venue	Date
13.03	Puma School of Speed, Ruimsig	2020/01/25
13.07	Puma School of Speed, Ruimsig	2020/01/25
12.79	CGA Championships, UJ Campus JHB	2020/03/14
13.32	CGA Championships, Open Meeting	2021/03/13